

The Bulldog Classic Track & Field Meet

Friday, March 7, 2025

Meet Schedule:

12 noon: Javelin (Girls then, Boys)

12:30 pm: Brief coaches meeting in the Cain Gym **1:15 pm**: 4 x 800m (teams can enter a B team) **2:00 pm**: All Field Events, using all runways

Discus Boys/Girls Shot Girls/Boys

LJ Girls/TJ Girls to follow LJ Boys/TJ Boys to follow

HJ Boys/Girls PV Girls/Boys

4:30 pm: Invitational Running Events (the meet will be on a rolling schedule, but we will try to publish an approximation the week of the event):

100m/110m Hurdles 100m (HS then MS)

1600m (MS then HS)

4x100m relay

400m

400m hurdles

800m

200m

3200m

4x400m Relay

*Any athletes entered who do not make the standard will be deleted from your entries.

All inquires/questions: Coach Tony Ryan at ryant@bolles.org

Meet Information:

When: Friday, March 7, 2025 Where: The Bolles School Entries Due: Monday, March 3 Cost: \$300 (\$150 per Gender), \$100 if only competing in MS 100/1600m

You are guaranteed:

- 2 entries in all field events **2 more for athletes meeting the standards below**
- 2 entries in all running events **2 more for athletes meeting the standards below**
- 4 entries in the 100 and 1600m

 **2 more for athletes meeting the
 standards below**
- ALL runners entered in the 3200m must meet the standards listed below.
- For those teams with Middle School athletes, we will have a MS 100m &1600m
- To enter a maximum of 4 entries per event (max of 6 in the 100m and 1600m), athletes must meet the following minimum standard based off a TFRRS time/mark from the 2024 or 2025 season.

Standards	Boys	Girls
100m	11.5	13.5
200m	24.0	28.0
400m	55.5	65.5
100/100H	18.5	18.5
400mH	66.5	76.5
800m	2:10	2:35
1600m	4:40	5:40
3200m**	10:15	12:30
High Jump	1.7m	1.4m
Pole Vault	3.0m	2.3m
Long Jump	5.75m	4.5m
Triple Jump	11.5m	8.5m
Shot	11.5m	8.5m
Discus	34m	20m
Javelin	38m	24m

Make Checks Payable to: **Bolles Track and Field**

If mailing entry fee, address to: c/o Tony Ryan The Bolles School 7400 San Jose Blvd Jacksonville, FL 32217